



**American College  
of Chiropractic Consultants**  
8219 Kennedy Ave  
Highland, IN 46322

Phone: 219.838.3141  
Email: doccox@sbcglobal.net  
On the web at: www.ACCC-chiro.com

# ANNUAL CONFERENCE

**Knowledge and Skill Building for  
the Chiropractic Clinician & Expert\*\***

**October 6-8  
2016**

## CONFERENCE SPEAKERS

Tim Bertelsman, DC  
Bill Defoyd, DC  
Tabatha Erck  
Mike Fergus, DC  
Clayton Hopkins, DC  
James J. Lehman, DC  
Michele Maiers, DC, MPH, PhD  
Albert Mitsos, MD  
Craig Nelson, MS, DC  
Jay Shah, MD  
Brandon Steele, DC  
Steve Yeomans, DC

## CONFERENCE CHAIR

Rob Servais, DC

## CO-CHAIR

Justin Mitchel, DC

**26.5 Hours of  
Continuing Education  
Applied For By  
National University  
of Health Sciences**



**8 Hours of continuing education for the Thursday morning/afternoon program\*\*\*, 2.5 Hours for the Thursday evening session, and 16 hours for the main conference program on Friday and Saturday applied for in most states. Total available hours for all three days 26.5. Continuation education credits applied for by National University of Health Sciences, 200 E. Roosevelt, Lombard IL, 60148.**

**18.5 hours toward Academy of Chiropractic Orthopedists (ACO) recertification hours**

\* The Council on Forensic Sciences (<http://www.forensic-sciences.org/>) is a recognized Council of the American Chiropractic Association

\*\* Thursday evening, Friday and Saturday program qualifies for 18.5 hours toward ABCC, 18.5 hours toward ABFP diplomate recertification hours and 18.5 hours toward Academy of Chiropractic Orthopedists (ACO) recertification hours.

\*\*\* See separate flyer for details of an additional 8 hour CE workshop on Thursday morning and afternoon October 6 that is available free to doctors registered for the main conference. This program focus is principles of diagnosis applied to the pain patient, and is co-sponsored by National Chiropractic Mutual Insurance Co. (NCMIC). Full-time NCMIC insured DC's get a yearly 5% premium discount for three consecutive policy years for attending this 8 hour course.

# ANNUAL CONFERENCE

**American College  
of Chiropractic Consultants  
AND THE  
Council on Forensic Sciences\*  
West Hartford Group**



**Knowledge and Skill Building for  
the Chiropractic Clinician & Expert\*\***

**October 6-8, 2016**

**Chicago Marriott Oak Brook**  
1401 W 22nd Street | Oak Brook, IL 60523  
630.573.8555 [www.marriott.com/chiob](http://www.marriott.com/chiob)



West Hartford Group, Inc.



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**26.5 Hours of Continuing Education Applied For By National University of Health Sciences**

**THURSDAY EVENING OCTOBER 6, 2016**

**For Early Arrivals**

**6:30 – 9:00 p.m.**

**Whiplash Associated Disorders:  
The pathway from acute  
to chronic pain and  
Statin Myopathy:  
A common cause  
of chronic pain**

**Presenter:** James J. Lehman, DC

**Description:** During my didactic presentation, I will present two common causes of chronic pain, which should be recognized by chiropractic specialists. Appropriate evaluation and management will be discussed as will the long-term consequences if the appropriate diagnoses and treatment are not performed. In addition, the diagnosis of chronic pain as a significant illness requiring specialized team treatment will be discussed. The doctors will be engaged with active learning tasks that enhance the learning opportunities. The discussion of Whiplash Associated Disorders: The pathway from acute to chronic pain and Statin Myopathy: A common cause of chronic pain will be augmented with a PowerPoint presentation and two relevant articles.

**SEE INSIDE FOR FULL SCHEDULE**

FRIDAY, OCTOBER 7, 2016		Main Conference Begins
7:00 – 8:00 a.m.	Registration and Full Breakfast Buffet Provided to Registered Conference Attendees	
8:00 – 10:00 a.m.	Ride the Wave of the Silver Tsunami	<p><b>Presenter:</b> Michele Maiers, DC, MPH, PhD</p> <p><b>Description:</b> In less than 15 years, 1/5 of Americans will be 65 years of age or older, with the fastest growing demographic group being those 85 years or older. As the “silver tsunami” lands in the US, the need for conservative care to maintain older adults function and independence will grow. Participants in this session will learn best practices in the management of musculoskeletal conditions among seniors, and the latest evidence on chiropractic management of this population.</p>
10:00 – 11:00 a.m.	My Perspective on Causation and Vertebral Artery Dissection	<p><b>Presenter:</b> Albert Mitsos, MD</p> <p><b>Description:</b> Dr. Mitsos is a medical/legal forensic expert with a strong background in trauma. He will discuss “My Perspective on Causation and Vertebral Artery Dissection”. He will continue with a discussion on the medico legal issues involved in this area and his experiences regarding causation and vertebral artery dissection cases.</p>
11:00 – 12:00 noon	A Question of Causation: Spinal Cord Stoke and Chiropractic Care	<p><b>Presenter:</b> Clayton Hopkins, DC</p> <p><b>Description:</b> Dr. Hopkins will focus his discussion on his experience in the personal injury arena for the last 33 years. The topic of his discussion is “A Question of Causation: Spinal Cord Stoke and Chiropractic Care”. This presentation will review the pertinent facts and strategies of a recent professional liability trial in 2015. The discussion includes information on neuro-anatomy and functional neurology.</p>
12:00 – 1:00 p.m.	Lunch Provided to Registered Conference Attendees	
1:00 – 3:00 p.m.	AMA Guides 4, 5, 6th editions	<p><b>Presenter:</b> Steve Yeomans, DC</p> <p><b>Description:</b> Dr. Yeomans will discuss: AMA Guides 4, 5, 6th editions; HNP (4th, 5th, 6th edition); and, Show IR summary page of MVC/motor cycle injury. He will review history of the Guides (1971- present) including: 1971 – 1st Ed. a bound version of JAMA articles 1958-1968; 1984 – 2nd Ed. Adopted MANY of the DC recs w/o credit; 1988/1990 – 3rd Ed. Dx Table combined w/ ROM; 1993 – 4th Ed. DRE; introduced 2008 – 6th Ed. NO spinal ROM; ICF Model throughout; HNP: Using the 3 editions; 4th Ed: HNP: DRE III (15% WPI) vs. ROM Model (ROM / Dx Table pg 113 / MIR/ SIR); 5th Ed: HNP: DRE III (15-18% WPI) vs. ROM Model (Same as 4th Ed.); 6th Ed: HNP: Class I-IV dependent on complications. Chap 17 (C-S p564, T-S p567, L-S p570)</p>
3:00 – 4:00 p.m.	Overview of the Texas Workers Compensation System	<p><b>Presenter:</b> Bill Defoyd, DC</p> <p><b>Description:</b> Dr. Defoyd will provide an overview of the Texas Workers Compensation system including: Discuss the role of the Designated Doctor in the Texas Workers’ Compensation system; Discuss the questions Designated Doctors address: Maximum Medical Improvement; Impairment Rating (AMA Guides, 4th Edition); Extent of Injury; Whether Disability is a Direct Result of the Injury; and, Return to Work issues. Other Similar issues discussed: Review the certification requirements for Designated Doctors including training and testing; Discuss Designated Doctor qualifications and selection criteria; Composition of the Designated Doctor List and distribution of examinations; finish with Q &amp; A.</p>
4:00 – 6:00 p.m.	Evidence Based Medicine 2.0	<p><b>Presenter:</b> Craig Nelson, MS, DC</p> <p><b>Description:</b> The concepts of Evidence Based Medicine (EBM) have been in development for over a half century and have been aggressively promoted and supported within the healthcare system for the last several decades. While these principles are now broadly accepted, the implementation of EBM has not been without error and the interpretation of how EBM should be specifically applied to care delivery is not well understood. This presentation will review this history specifically as it applies to chiropractic research and propose how the future of EBM can be made more relevant and useful.</p>
6:30 – 8:00 p.m.	Social Hour with Appetizers	

SATURDAY, OCTOBER 8, 2016	
7:00 – 8:00 a.m.	Full Breakfast Buffet Provided to Registered Conference Attendees
8:00 – 9:00 a.m.	<p><b>Presenter:</b> Tim Bertelsman, DC; Brandon Steele, DC</p> <p><b>Description:</b> The value-based healthcare model defines success in one word- outcomes. Dr’s Bertelsman &amp; Steele have spent the past 5 years compiling “best practices” for the evaluation and management of more than 85 musculoskeletal diagnoses. This research exposed 10 valuable tests to help identify commonly overlooked “functional” diagnoses that contribute to our typical “structural” diagnoses. This presentation will review the evaluation and management for the most widespread functional deficits with practical skills for improving clinical outcomes.</p>
9:00 – 10:00 a.m.	<p><b>Presenter:</b> Tim Bertelsman, DC; Brandon Steele, DC</p> <p><b>Description:</b> The value-based healthcare model defines success in one word- outcomes. In order to thrive, providers must employ and continually refine “best practices”. Dr’s Bertelsman &amp; Steele will describe a new “best practice” knowledge transfer continuum. The foundation of this project is a practical evidence-based database of evaluation and management skills for providers. This resource also allows transfer of pertinent information, exercises and ADL’s to patients- thereby empowering them as active participants in their recovery. Finally, the system collects patient satisfaction and condition-specific clinical outcome data, then identifies real world best practices and continually re-disseminates evidence-informed best practices back to the provider community.</p>
10:00 – 12:00 a.m.	<p><b>Presenter:</b> Tabatha Erck</p> <p><b>Description:</b> Topic is a ChiroFirst Study: Case for Conservative Care. I will be presenting how by pursuing the Triple AIM (Improving the patient experience of care including quality and satisfaction; Improving the health of populations; and Reducing the per capita cost of health care). We are demonstrating the use of chiropractors as a portal of entry for adult low back pain.</p>
12:00 – 1:00 p.m.	Lunch Provided to Registered Conference Attendees
1:00 – 3:00 p.m.	<p><b>Presenter:</b> Jay Shah, MD</p> <p><b>Description:</b> This lecture will explore the dynamic and pivotal roles that myofascial trigger points (MTrPs), sensitization, limbic system dysfunction and objective physical findings play in the evaluation and management of chronic myofascial pain. Fascinating knowledge emerging from the pain sciences will be presented in a clinically accessible way. Participants will learn important palpation skills and treatment techniques that more effectively deactivate painful MTrPs and the sensitized spinal segments that are commonly found in a variety of chronic musculoskeletal pain conditions.</p>
3:00 – 4:00 p.m.	<p><b>Presenter:</b> Mike Fergus, DC</p> <p><b>Description:</b> The purpose of this lecture would be to provide the clinicians with a brief history of the use of diagnostic ultrasound of the musculoskeletal system. More importantly, it will educate the clinicians on the current state of the modality, including the currently accepted/ appropriate uses based on the available research. The standard protocols and techniques that result in a diagnostic examination, as outlined by the two main certification and accrediting bodies will also be discussed.</p>



JOIN US! ONE DAY WORKSHOP  
THURSDAY OCTOBER 6, 2016 • 8:00am to 5:00 p.m.



**Workshop Title:** *Pain Mechanism Update: Spinal Pain*  
**Instructor:** David Seaman, DC, MS, FACC

Dr. Seaman is a professor of clinical sciences at the National University of Health Sciences in Pinellas Park, Florida, where he teaches clinical nutrition and evaluation and management of the musculoskeletal and cardiorespiratory systems. He also is a faculty member for National's Masters of Science program in advanced clinical practice.

Dr. Seaman is a graduate of Rutgers University and then New York Chiropractic College. He received a Master's degree in nutrition from the University of Bridgeport and a diplomate in neurology through Logan College of Chiropractic.

Dr. Seaman has authored a book on clinical nutrition for pain and inflammation and has written several chapters and articles on this topic. His academic and clinical interests are focused on how pain and symptom/disease expression can be modulated with lifestyle choices and manual/rehabilitative interventions.

A popular and renowned speaker on the various areas of nutrition, Dr. Seaman was recognized as the ACA's Academician of the Year in 2006.

SEE INSIDE  
for Full Conference  
Program Highlights

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Council on Forensic Sciences\* West Hartford Group



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October 6-8  
2016

For those interested in the full conference program details including course descriptions, fees and registration use the contact information on the Evidence Informed Practice workshop registration form.

FULL CONFERENCE PROGRAM HIGHLIGHTS

THURSDAY EVENING, OCTOBER 6, 2016  
For Early Arrivals

- **Whiplash Associated Disorders:**  
The pathway from acute to chronic pain and Statin Myopathy:  
A common cause of chronic pain

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- My Perspective on Causation and Vertebral Artery Dissection
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- A Question of Causation: Spinal Cord Stroke and Chiropractic Care
- AMA Guides 4, 5, 6th editions
- Overview of the Texas Workers Compensation System
- Evidence Based Medicine 2.0

SATURDAY, OCTOBER 8, 2016

- Full Breakfast Buffet Provided to Conference Attendees
- 10 Clinical Tests That Improve Outcomes: Functional diagnostic pearls gleaned from a review of 5000 articles
- A New Continuum Model for Clinical Knowledge Transfer
- ChiroFirst Study: Case for Conservative Care
- New Frontiers in Chronic Myofascial Pain and Central Sensitization: Integrating Advancements in the Pain Sciences with Evaluation and Treatment Strategies
- Introduction to Musculoskeletal Diagnostic Ultrasound

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Knowledge and Skill Building for the Chiropractic Clinician & Expert

Annual Meeting of the American College of Chiropractic Consultants,  
Council on Forensic Sciences and the West Hartford Group



OPENING DAY PROGRAM WORKSHOP



Workshop Title: *Pain Mechanism Update: Spinal Pain*

Instructor: David Seaman, DC, MS, FACC

Date and time: Thursday, October 6, 2016 from 8:00 a.m. to 5:00 p.m.

Where: Chicago Marriott Oak Brook, 1401 W 22nd Street, Oak Brook, IL

**Workshop Description:** Material will cover: Principles of diagnosis applied to the pain patient; Embryology and pain (a clinical pearl); Innervation of the spine and musculoskeletal system; Homeostatic mechanisms run amok and the relationship to chronic pain; Neurogenic inflammation – an underlying drive behind most pain syndromes; Peripheral nociceptive sensitization; Central nociceptive sensitization; and, Markers of chronic inflammation that impact spine and other musculoskeletal pains.

Hour 1:	<b>Principles of diagnosis applied to the pain patient</b> Red flags Pain generators Underlying health problems – biomechanical and biochemical
Hour 2:	<b>Embryology and pain – a clinical pearl</b> Nociceptive pain Neuropathic pain Clinical classification system
Hour 3:	<b>Innervation of the spine and musculoskeletal system</b> Joint, muscle, disc innervation patterns Nerve fiber types in relation to proprioception, pain, and homeostasis
Hour 4:	<b>Homeostatic mechanisms run amok and the relationship to chronic pain</b> How tissue innervation patterns with group IV afferents control homeostasis Segmental and suprasegmental mechanisms How our biomechanical, psychological, and nutritional lifestyle determines tissue biochemistry and homeostasis
Hour 5:	<b>Neurogenic inflammation – an underlying drive behind most pain syndromes</b> Osteoarthritis – a stereotypical example Why OA is not merely a “non-inflammatory, wear & tear” condition Why mechanical back pain is really not “mechanical”
Hour 6:	<b>Peripheral nociceptive sensitization</b> Microscopic anatomy of the nociceptive fibers Chemistry of nociceptive fibers Understanding the mechanisms of common medications for treating pain and the chemistry that demands their use: NSAIDs, acetaminophen, corticosteroids, biologics for RA, DMARDs for RA Psychosocial factors
Hour 7:	<b>Central nociceptive sensitization</b> Anatomy of central synapses in the dorsal horn Glial cells in the generation of chronic pain Rationale for Cymbalta and Lyrica [in the treatment of fibromyalgia] Central mechanism of NSAIDs and acetaminophen Psychosocial factors
Hour 8:	<b>Markers of chronic inflammation that impact spine and other musculoskeletal pains</b> Disc herniation as the example Surrogate anthropometric markers of inflammation Surrogate laboratory markers of inflammation Direct laboratory markers of chronic inflammation

*\*fulltime NCMIC D.C.'s get a yearly 5% premium discount for three consecutive policy years for attending this 8 hour course*

REGISTRATION FORM

An Introduction to Evidence Informed Practice and Research Methods

8 hour continuing education course providing an introduction to evidence informed practice and research methods. This presentation is for the doctor in clinical practice that wants to upgrade their ability to search, interpret and apply the evidence from scholarly articles into their daily practice. This is also for the doctor engaged in teaching or beginning a health related research career, and wants a review of scientific knowledge acquisition and understanding.

Thursday October 6, 2016 (8:30 a.m.- 5:30 p.m.) Chicago Marriott Oak Brook

PLEASE PRINT

Complete Name: \_\_\_\_\_ First name for badge: \_\_\_\_\_

Office Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Office Phone: (    ) \_\_\_\_\_ Fax: (    ) \_\_\_\_\_ E-mail: \_\_\_\_\_

In Case of Emergency during the conference, please contact this person:

	Daytime	Evening
Name: _____	Phone: (    ) _____	Phone: (    ) _____

**FEES:**            \$ 99.00 for registrations received by September 10, 2014  
                     \$125.00 for registrations received after September 10, 2014  
                     \$ 25.00 for Students

**MAIL:**            Dr. David Cox  
                     8219 Kennedy Ave  
                     Highland, IN 46322  
                     Phone: (219) 838-3141

**FAX:** (219) 237-2274 **credit card payment only**

**Payment must accompany registration**  
If rebilling of credit card charge is necessary, a \$25 processing fee will be charged.  
Checks not in US funds will be returned. A charge of \$25 will apply to checks returned for insufficient funds.

Account Number \_\_\_\_\_ Security Code \_\_\_\_\_

Expiration Date: \_\_\_\_/\_\_\_\_/\_\_\_\_      Signature \_\_\_\_\_

Cardholder’s Name (please print) \_\_\_\_\_

**Cancellation Policy:**  
**ALL CANCELLATIONS MUST BE MADE IN WRITING.** A \$25 processing fee will apply to all cancellations postmarked or faxed more than 30 days before the workshop. A \$50 processing fee will be charged for cancellations postmarked or faxed between 14 and 29 days before the workshop. No refunds will be made on cancellations postmarked less than 14 days before the workshop.

# ACCC/CFS Annual Conference Registration

October 6-9, 2016 • Chicago Marriott Oak Brook • Oak Brook, Illinois

## PLEASE PRINT

Complete Name \_\_\_\_\_ ☐ DC ☐ MD ☐ DO ☐ Other First name for badge \_\_\_\_\_

Office Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Mailing Address (☐ home ☐ work) \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Office phone (\_\_\_\_\_) \_\_\_\_\_ Fax (\_\_\_\_\_) \_\_\_\_\_ E-Mail \_\_\_\_\_

Membership ☐ ACCC ☐ CFS

In case of emergency during the conference please contact this person

Name \_\_\_\_\_ Daytime phone (\_\_\_\_\_) \_\_\_\_\_ Evening phone (\_\_\_\_\_) \_\_\_\_\_

To register complete box A or B as appropriate, and box C. Enter the total amount due in box D

### A Full Conference Registration– Oct. 6-8, 2014

Includes one (1) ticket to all meal functions

ACCC or CFS Member ☐ \$375  
Student ☐ \$150  
Non-DC, MD, DO ☐ \$200  
Non-member ☐ \$475  
I will attend the Oct. 6 evening session ☐ ---  
I will attend the Oct. 6 bonus seminar ☐ ---

**All registrations postmarked after Sept. 17, and at the door (space available) add \$100**

Subtotal A \$ \_\_\_\_\_

### C Additional Meal Tickets

(for those not registered for conference but attending meal functions)

Friday Breakfast ☐ \$12  
Friday lunch ☐ \$12  
Saturday Breakfast ☐ \$12  
Saturday Lunch ☐ \$12

Subtotal C \$ \_\_\_\_\_

### Three easy ways to register:

#### Mail

Dr. David Cox  
8219 Kennedy Ave  
Highland, IN 46322

#### Phone

219.838.3141  
M, Tu, W, F – 9a.m. - 5 p.m.  
central time zone  
(credit card payment only)

#### Secure Fax

219.237. 2274

- If you fax this form, please do not mail original

- **Fax and phone orders accepted only with credit card payment**

- Payment must accompany registration

### B ABCC and ABFP Examinee Conference

Registration (reduced full conference rate for doctors registered for and taking the 10/6/16 Board certifying exam)

Includes one (1) ticket to all meal functions  
ABCC or ABFP Examinee ☐ \$150

**All registrations postmarked after Sept. 17 and at the door (space available) add \$100**

Subtotal B \$ \_\_\_\_\_

### D

**TOTAL AMOUNT DUE** \_\_\_\_\_

#### Special Requests

- ☐ I will need a vegetarian meal  
☐ I will be using a wheelchair at conference (info needed to project space accommodation for meeting rooms and other functions)

### Payment (must accompany registration form)

☐ MasterCard (16 digits) ☐ VISA (13 or 16 digits) ☐ Check (enclosed) (Make check payable to ACCC)

- If rebilling of a credit card charge is necessary, a \$25 processing fee will be charged
- Checks not in U.S. funds will be returned
- A charge of \$20 will apply to checks returned for insufficient funds
- If you fax this form, do not mail original

Account Number \_\_\_\_\_

Security Code (3 digits on back of card) \_\_\_\_\_

Expiration Date \_\_\_\_\_

Signature \_\_\_\_\_

Cardholder's name (please print) \_\_\_\_\_

**Cancellation Policy: ALL CANCELLATIONS MUST BE MADE IN WRITING.** A \$25 processing fee will apply to all cancellations postmarked more than 30 days before the conference. A \$50 processing fee will be charged for cancellations postmarked between 14 and 29 days before the conference. No refunds will be made on cancellations postmarked less than 14 days before the conference.

**Registration Information**

You will be making your own room reservations directly with the hotel Reservations Department. To do so, call the hotel directly at (630) 573-8555. Group reservations are not handled through the Central Reservation System. Be sure to clearly identify the event/group when making reservations to qualify for special group rate. Your reservation must be received by the cutoff date. Any reservations after that time will be accepted on a space and rate availability basis. A deposit equal to one (1) night's stay is required to hold each individual's reservation. Upon check-in, the deposit will be applied to the final night of the reserved stay.

**Registration Types**

You must be a member in good standing at the time you register to take advantage of the discounted member fees.

**Join and Register**

You can become an ACCC/CFS member and register for the conference at the reduced member rate. Benefits of membership include:

- Discounts on educational programs and publications
- Certification program
- Access to web site
- And more!

**Cancellation Policy**

All cancellations must be made in writing, fax or e-mail. Should a guest cancel a reservation, his/her deposit will be fully refundable if the cancellation is received in writing not less than 48 hours prior to arrival. If cancelled via telephone a cancellation number must be obtained.

**Conference Changes**

ACCC/CFS reserves the right to substitute faculty or reschedule speaker times due to unforeseen circumstances

**CME Credits**

CME credits are offered through National University of Health Sciences. Attendance will be verified through attendance sheets. \$10 fee for Attendance Certification is applicable. NUHS is responsible for submitting information for state approval.

**Hotel Information**

A block of rooms at a special discount rate of \$107.00 (single), plus state and local taxes, are being held at Chicago Marriott Oak Brook at 630-573-8555. Ask for ACCC group rate.

**Airport Transportation**

Chicago Marriott Oak Brook is just 14 miles from O'Hare Airport. We can help arrange transportation if necessary through our outside transportation vendor, Windy City Limo (866-949-4639)

**Deductibility of Expenses**

Consult your tax adviser for information regarding deductibility of registration & membership fees.

**Questions?**

Please call the ACCC office at 219-838-3141 if you have any questions.