

# THE AMERICAN COLLEGE OF CHIROPRACTIC CONSULTANTS

Presents for Re-certification

## Critiquing the Evidence for Chiropractic Clinical Practices

2006 Annual Fall Conference

October 6 and 7, 2006

Oak Brook Hills Marriott Resort  
3500 Midwest Rd., Oak Brook, IL 60523  
Phone: 630-850-9290

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*Friday, October 6, 2006*

- 7:00 – 8:00 a.m. Registration and Breakfast
- 8:00 – 9:30 a.m. **Mining Claims Data to Support Peer Review of Non-Standard Clinical Data**  
*Presenter:* Tino Villani, D.C.  
*Description:* Dr. Villani's discussion will describe methods for using historic claims data to create clinical reference points to form a basis for prospective and retrospective clinical review. In addition, these reference points will be related to common areas of chiropractic care review to include: type of care, service, frequency and intensity of service, and minimal clinical improvement. The relationship between these reference points and commonly encountered non-standard data elements will also be discussed. This discussion will be supported by an aggregate analysis of commercial health plan data and multiyear provider survey data.
- 9:30 – 9:45 a.m. Networking Break
- 9:45 – 11:15 a.m. **Criteria Analysis as the Critical First Step in a Review**  
*Presenter:* Michael D. Miscoe BS, CPC, CHCC, CRA  
*Description:* The goal of this presentation is to address the importance of criteria analysis as the foundation of any review that is performed to identify simple error, civil or criminal fraud. Various standards for the evaluation of CPT coding and necessity will be reviewed so that attendees will be able to objectively justify audit conclusions with appropriate reference to relevant standards.
- 11:15 – 12:15 p.m. **Fact Based Overview of Treatment of Musculoskeletal Conditions**  
*Presenter:* David Elton, D.C.  
*Description:* This presentation will provide an overview of the current state of treatment of patients with musculoskeletal conditions and of ACN Group's programs designed to enhance the quality and affordability of care by supporting the adoption of current best evidence into practice. This will include a fact based overview of treatment of musculoskeletal conditions, highlighted by a physical medicine study sponsored by ACN group that looked at 4.5 years of data from 18 million commercial health plan members. This study provides information about the impact of physical medicine services on total healthcare costs, an analysis of

care pathways, incidence and impact of co-morbidities, and the adoption of current best evidence.

*Friday, October 6, 2006 continued...*

- 12:15 – 1:00 p.m.      Networking Break/lunch
- 1:00 – 2:30 p.m.      **Best Practices in Occupational Health Care**  
*Presenter:*      *Robert Mootz, DC*  
*Description:* This presentation will provide an overview of the history and evolution of workers compensation, regional and jurisdictional variations, and the differences between general and occupational health care. Evidence for appropriate worker care including the research challenges for determining what is effective for injury management and improving outcomes, along with a look at the utility and limitations of available workers' compensation guidelines will be reviewed. Regulatory concerns will be addressed including competition between adjudication, employment and clinical needs, as well as return to work, disability prevention, medical necessity and maximum medical improvement issues. Clues for best practices in clinical case documentation including recognition of appropriate care, stalled progress and implied documentation will be identified.
- 2:30 – 4:00 p.m.      **Identifying and Managing Psychosocial Factors in Illness and Recovery**  
*Presenter:*      *Robert Shiel, PhD*  
*Description:* The goal of this presentation is to provide 1) an evidence-based review of the psychosocial factors that adversely effect recovery of health and complicate typical management approaches and 2) efficient methods for the non-psychologist to recognize and successfully manage the psychosocial issues of care. Topics will include the social constructs of the patient experience, recognition and management of yellow flags in the clinical encounter, and approaches to successfully counter treatment dependency.
- 4:00 – 4:15 p.m.      Networking Break
- 4:30 – 5:30 p.m.      **The Role of the Expert in Case Review and Testimony**  
*Presenter:*      *Julie Ransom, J.D.*  
*Description:* This presentation will examine the role of an expert as an objective and independent analyst of the case, the qualifications necessary, the expert's role in court as a testifying witness and common pitfalls experts can fall into during testimony. This discussion will also include working with defense counsel and how to handle aggressive plaintiff attorneys and their cross examinations. The mediation session will include a discussion on its growing popularity nationally as an alternative dispute resolution for cases that should be settled for whatever reason, the cost effectiveness of mediation, the role of the mediator and the different types of mediation. This will also tie in the role of experts and expert testimony in the mediation process.
- 5:30 – 6:00 p.m.      **Panel Discussion and Q&A with the session speakers**

*Saturday October 7, 2006*

7:00 – 8:00 a.m. Breakfast

8:00 – 9:30 a.m. **The Process of Evaluating Chiropractic Techniques**

**Presenter:** *Craig Nelson, D.C*

**Description:** One of the unique characteristics of the chiropractic profession is the great diversity of techniques and procedures that are used by different practitioners. Many, or even most of these procedures, have a limited or absent base of scientific literature on their safety and effectiveness. This diversity and absence of evidence makes it difficult for third party payers and others to evaluate, credential and otherwise create policy relative to the delivery of chiropractic services. This presentation will examine how one third party payer has gone about conducting evaluations of chiropractic techniques. Both the process and results of this evaluation will be presented.

9:30 – 9:45 a.m. Networking Break

9:45 – 11:15 a.m. **Strategies for Evaluating the Quality of Evidence in Spine Related Studies**

**Presenter:** *Michael Schneider, DC, PhD(c.)*

**Description:** This presentation will provide an interpretive look at how to sort through and make sense of the scientific literature as a consultant/health care practitioner. Dr. Schneider will explain the pros and cons of several types of clinical research design; including cohort studies, case series, randomized controlled trials, and case/control studies. He will point out the ways to understand the key important findings, as well as the key limitations, of each research design as it relates to clinical practice.

12:15 – 1:00 p.m. Networking Break / Lunch

1:00 – 2:00 p.m. **The Necessity and Appropriateness of Supervised Active Care Procedures**

**Presenter:** *Gary Ierna, DC*

**Description:** This will include a critical assessment of active care and rehabilitation concepts including exercise and other supervised therapeutic procedures, and the appropriateness and necessity of these interventions in the office setting.

2:00 – 3:30 p.m. **Differential Diagnosis and Management of Thoracic Pain**

**Presenter:** *John J. Triano, DC, PhD, FCCS(C)*

**Description:** Today's guidelines and practice pathways refer to the patient presenting with thoracic pain as being a 'Red Flag' indication for evaluation, management and triage. Primary care providers and surgeons, finding no overt pathology, figuratively throw their hands in the air and have little to offer patients whose symptoms fail to resolve. This presentation will review the current approach

to evaluation of patients presenting with thoracic pain, their differential diagnostic steps and management. Clinical decision-making will be reviewed using case examples.

*Saturday October 8, 2006 continued...*

- 3:30 – 4:30 p.m.      **The Best Practices Initiative – How to access and apply the information created by this process**  
*Presenter:* Wayne Bennett, DC, DABCO, DABCC  
*Description:* This presentation will review the best practices initiative (CCGPP), and focus on the availability, and distribution of the information to the profession and external stakeholders. Appropriate and inappropriate usage by practitioners and others for selecting treatment approaches will be discussed.
- 4:30 – 5:00 p.m.      **Chiropractic and Consulting in a National Health Care Setting**  
*Presenter:* Jeff Cates, MS, DC, DABCO, DABCC  
*Description:* Winston Churchill one said “You can always count on Americans to do the right thing - after they've tried everything else.” This certainly applies to health care. This lecture will review facts that indicate that a national health care plan in the US is very likely if not inevitable. While most experts acknowledge that such a system would be the most cost effective system from a fiscally conservative perspective and qualitatively effective from a scientific perspective; to others this will be an emotional epiphany that will challenge long held dogmatic perspectives. The medical world, including chiropractors and consultants, will have to adapt to new systems and new rules. Are we prepared?
- 5:00 – 6:00 p.m.      **Panel Discussion and Q&A with the session speakers**

*18 hours of continuing education applied for in all 50 states.*

**SPEAKERS AND PANELISTS**

Wayne Bennett, DC, DABCO, DABCC  
Jeffrey Cates, MS, DC, DABCO, DABCC  
David Elton, DC  
Gary Ierna, DC  
Michael Miscoe, BS, CPC, CHCC, CRA  
Robert Mootz, DC  
Craig Nelson, DC  
Julie Ramson, JD  
Robert Shiel, PhD  
Michael Schneider, DC, PhD(c.)  
John Triano, DC, PhD, FCCS(C)  
Tino Villani, DC