

Knowledge and Skill Building for the Chiropractic Clinician & Expert

Annual Meeting of the American College of Chiropractic Consultants,
Council on Forensic Sciences and the West Hartford Group



OPENING DAY PROGRAM WORKSHOP



Workshop Title: *Evidence Based Practice*

Instructor: Bryan Bond, DC

Date and time: Thursday, October 4, 2017 from 8:00 a.m. to 5:00 p.m.

Where: Chicago Marriott Oak Brook, 1401 W 22nd Street, Oak Brook, IL

Workshop Description: "Evidence-Informed Assessment and Rehabilitation of Musculoskeletal Disorders" is a continuing education course for healthcare providers that frequently manage musculoskeletal conditions. Human movement analysis, or identifying dysfunctional motor patterns, may play an important role in pinpointing the underlying cause of symptoms, rather than simply isolating sources of pain. While establishing clinical assessment from the viewpoint of a movement pattern, the clinician may recognize meaningful impairments that appear unrelated to primary main musculoskeletal complaint, but actually cause or facilitate the associated pain syndrome. In addition, this workshop provides pragmatic rehabilitation protocols for shoulder and spinal disorders.

2 Hours Overview of Functional Movement Screen (FMS)

- a. Deep Squat
- b. Hurdle Step
- c. In-line Lunge
- d. ASLR
- e. Trunk Stability Push-up
- f. Shoulder Mobility
- g. Rotary Stability
- h. Other Screening Tests

1 Hour Principles of Rehabilitation

- a. Quality vs. Quantity
- b. Pain
- c. Fatigue

1.5 Hours Rehabilitation of Shoulder Disorders

- a. Anatomy & Biomechanics
- b. Scapular Dyskinesis
- c. Therapeutic Exercises

1.5 Hours Rehabilitation of Spinal Disorders

- a. Anatomy & Biomechanics
- b. Low back pain
- c. Therapeutic Exercises

2 Hours Using Clinical Prediction Rules in Evidence-Informed Practice

- a. Imaging
- b. Neck pain
- c. Low back pain
- c. Shoulder pain
- c. Hip pain

**fulltime NCMIC D.C.'s get a yearly 5% premium discount for three consecutive policy years for attending this 8 hour course*

REGISTRATION FORM

An Introduction to Evidence Informed Practice and Research Methods

8 hour continuing education course providing an introduction to evidence informed practice and research methods. This presentation is for the doctor in clinical practice that wants to upgrade their ability to search, interpret and apply the evidence from scholarly articles into their daily practice. This is also for the doctor engaged in teaching or beginning a health related research career, and wants a review of scientific knowledge acquisition and understanding.

Thursday October 4, 2018 (8:00 a.m.- 5:00 p.m.) Chicago Marriott Oak Brook

PLEASE PRINT

Complete Name: _____ First name for badge: _____

Office Address: _____

City/State/Zip: _____

Mailing Address: _____

City/State/Zip: _____

Office Phone: () _____ Fax: () _____ E-mail: _____

In Case of Emergency during the conference, please contact this person:

Name: _____ Daytime Phone: () _____ Evening Phone: () _____

FEES: \$ 99.00 for registrations received by September 29, 2018
\$125.00 for registrations received after September 29, 2018
\$ 25.00 for Students

MAIL: Dr. David Cox
8219 Kennedy Ave
Highland, IN 46322
Phone: (219) 838-3141

FAX: (219) 237-2274 **credit card payment only**

Payment must accompany registration

If rebilling of credit card charge is necessary, a \$25 processing fee will be charged. Checks not in US funds will be returned. A charge of \$25 will apply to checks returned for insufficient funds.

Account Number: _____ Exp Date: ____/____/____ CVS: _____

Signature: _____

Cardholder's Name (please print) _____

Cancellation Policy:

ALL CANCELLATIONS MUST BE MADE IN WRITING. A \$25 processing fee will apply to all cancellations postmarked or faxed more than 30 days before the workshop. A \$50 processing fee will be charged for cancellations postmarked or faxed between 14 and 29 days before the workshop. No refunds will be made on cancellations postmarked less than 14 days before the workshop